

Treatment Plan for Atopic Dermatitis

For rash

Apply _____
to affected areas of the BODY _____ times a day.

Apply _____
to affected areas of the FACE _____ times a day.

Apply _____
to affected areas of the SCALP _____ times a day.

For itch

At bedtime, Medicine: _____
 Dose: _____

During the day, Medicine: _____
 Dose: _____

If infection is present

Medicine: _____
Dose: _____

Bleach baths are recommended for 20 minutes a day,
_____ times a week.

Prepare by pouring 1/4 cup of bleach in a full bath of
lukewarm water.

Moisturizers for dry skin

Apply _____
to all areas of the BODY & FACE affected by the rash
_____ times a day. When the rash has resolved,
continue to apply this moisturizer.

*** Apply the prescription ointments
BEFORE applying moisturizers.***

Notes from your doctor

The information contained in this publication should not be used as a substitute for the medical care and advice of your physician. There may be variations in treatment that your physician may recommend based on individual facts and circumstances.