Treatment Plan for Atopic Dermatitis

For rash

Apply ____________________________
to affected areas of the BODY __________ times a day.

Apply ____________________________
to affected areas of the FACE __________ times a day.

Apply ____________________________
to affected areas of the SCALP __________ times a day.

For itch

At bedtime, Medicine: _______________________
Dose: _______________________

During the day, Medicine: _______________________
Dose: _______________________

If infection is present

Medicine: _______________________
Dose: _______________________

Bleach baths are recommended for 20 minutes a day,
_________ times a week.

Prepare by pouring 1/4 cup of bleach in a full bath of lukewarm water.

Moisturizers for dry skin

Apply ____________________________
to all areas of the BODY & FACE affected by the rash
_________ times a day. When the rash has resolved,
continue to apply this moisturizer.

* Apply the prescription ointments
BEFORE applying moisturizers.*

Notes from your doctor

*The information contained in this publication should not be used as a substitute for the medical care and advice of your physician. There may be variations in treatment that your physician may recommend based on individual facts and circumstances.*