

Treatment Plan for Atopic Dermatitis

DERM101

For rash

Apply _____
to affected areas of the BODY ___ times a day.

Apply _____
to affected areas of the FACE ___ times a day.

Apply _____
to affected areas of the SCALP ___ times a day.

For itch

At bedtime: Medicine: _____
Dose: _____

During the day: Medicine: _____
Dose: _____

If infection is present

Medicine: _____
Dose: _____

Bleach baths are recommended for 20 minutes a day, _____ times a week.

Prepare by pouring 1/4 cup of bleach in a full bath of lukewarm water.

Moisturizers for dry skin

Apply _____
to all areas of the BODY and FACE affected by the rash ___ times a day. When the rash has resolved, continue to apply this moisturizer.

*** Apply the prescription ointments BEFORE applying moisturizers.***

Notes from your doctor: